Cal U Global Online
Our Global Online is a worldwide learning community providing convenient, state-of-the-art classroom delivery of quality academic programs. Cal U’s Global Online programs are delivered completely over the Internet, allowing students to complete their studies from any computer with Internet access. Asynchronous courses promote access to classes, anywhere, any place. It is the perfect way to reach educational goals while maintaining a balance between work and home life.

Is an online program right for you?
Online courses are best suited for you if you are comfortable working with basic computer programs, e-mail, web browsers, graphics and streaming videos. Though online courses allow schedule flexibility, assignments are challenging and require proactive student participation, organization and planning. If you enjoy working independently, need a convenient and adjustable program, and would not hesitate to ask for clarification by phoning or e-mailing your professors, you are positioned to do well with online courses.

For information on applying for admission to the Master of Science in Exercise Science and Health Promotion or any of the other programs of study available online, as well as information on developing a personalized financial aid plan, please contact the Office of Web-Based Programs at 1-866-595-4340 or e-mail caluonline@calu.edu.

INTEGRITY, CIVILITY, RESPONSIBILITY
California University of Pennsylvania is an academic community dedicated to the ideals of order, fairness and equal opportunity for all, in compliance with federal and state laws. The University is committed to providing equal educational and employment opportunities without regard to age, color, disability, gender, national origin, race, religion, sexual orientation or gender identity and expression or familial status. This includes fair treatment and non-discrimination. Sexual harassment is considered by law to be a form of sexual discrimination and, therefore, unreasonable. Sexual harassment and other harassment regulations are found in the Student Code of Conduct. The Office of Student Development and Student Services is the office responsible for enforcing the Code of Conduct. The Campus Vice President of Student Development and Student Services is the Campus Advisor for Title IX. For information about Title IX, contact The Campus Advisor for Title IX, Office of Student Development and Student Services, 3401 Walnut Street, Student Center East, Room 210, Phone: 724-537-2424, Email: titleix@calu.edu, 2057 S. Washington, Extension 210, or The Title IX Coordinator, Department of Athletics, Facer Hall 212, Phone 537-2654, Title IX Coordinator.
A path to your success

The 100% online Master of Science in Exercise Science and Health Promotion at California University of Pennsylvania designed for working professionals and recent bachelor’s degree graduates in the health and fitness industry, including certified athletic trainers, physical therapists, health and physical education teachers, chiropractors, personal trainers, business owners, wellness counselors, military personnel, coaches, and other health/fitness professionals.

The 12-month, 30-credit program is 100% web-based – students never have to come to campus. Students work, learn, and communicate online and function as a group of interactive peers. This virtual community or cohort of 35-40 students – creates a lively, dynamic educational experience that enriches the collaborative skills essential in the contemporary health care and fitness workplace. The flexibility of the online program allows professionals or military personnel, who would be precluded from attending graduate school in the traditional sense, to complete the MS program while still maintaining their full-time positions.

PROGRAM FEATURES
Four distinct program tracks are available, with each track also being offered as a post-graduate certificate to those who already have a master’s degree.

• Wellness and Fitness
• Sport Performance Enhancement
• Rehabilitation Science
• Sport Psychology

Each track includes specific coursework to prepare for one of three NASM certification examinations:

• Certified Personal Trainer (CPT)
• Performance Enhancement Specialist (PES)
• Corrective Exercise Specialist (CES)

Our students are respected professionals in their individual disciplines.

DR. BARRY E. NOLLMAN, EdD, ATC
ASSOCIATE PROFESSOR AND PROGRAM DIRECTOR

Join a team of professionals

ADMISSION
The Master of Science in Exercise Science and Health Promotion degree program is intended for post-baccalaureate students who want more intensive background and expertise in the specialized areas of:

• Wellness and Fitness
• Sport Performance Enhancement
• Rehabilitation Science
• Sport Psychology

Additional program requirements:

• A bachelor’s degree from a four-year accredited college or university
• A minimum 3.0 undergraduate GPA, based on a 4.0 scale. If a prospective student does not meet this requirement, candidates will be considered if they submit two professional letters of recommendation and have a minimum undergraduate GPA of 2.50

ACCEPTANCE TO CALU: Students are ranked in California University of Pennsylvania’s Office of Graduate Studies and Research.

For more information on admission requirements, please visit www.calu.edu/fea

• Prospective international students should review the admission requirements of www.calu.edu/fea

GRADUATE ASSISTANTSHIPS
Assistantships as an Athlete Trainers are available at Cal U and via other universities. Students can attend the online Exercise Science program while working as a Graduate Assistant Athlete Trainer at any university in the country that is willing to create a Graduate Assistant or Internship position.

REGISTRATION
Cal U’s Master of Science in Exercise Science and Health Promotion Degree, as well as all Cal U’s online programs of study, is housed within California University of Pennsylvania’s Office of Web-Based Programs. This office assists students with their online educational experience, from application to graduation. Contact the Office of Web-Based Programs at 1-866-595-6348 or e-mail caring@calu.edu.

FINANCIAL AID
Federal and private loans are available to qualified students. A financial aid specialist from the Office of Web-Based Programs will help online students develop a comprehensive financial assistance package.

CALIFORNIA UNIVERSITY OF PENNSYLVANIA
BUILDING CHARACTER. BUILDING LEADERS. CALU

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FACULTY

Our students are respected professionals in their individual disciplines.

D. R. BARRY E. NOLLMAN, EdD, ATC
ASSOCIATE PROFESSOR AND PROGRAM DIRECTOR

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