California University of Pennsylvania  
MS in Exercise Science and Health Promotion: Performance Enhancement Track

### January Start

#### Spring Semester
- PRF 710  Performance Enhancement in Physical Activity
- PRF 720  Essentials of Human Movement Science
- PRF 770  Exercise Physiology: Assessment and Exercise Prescription

#### Summer Session I
- PRF 705  Industrial, Clinical, and Corporate Wellness
- PRF 715  Business and Entrepreneurship in the Fitness Industry

#### Summer Session II
- PRF 715  Business and Entrepreneurship in the Fitness Industry
- PRF 760  Leadership and Professional Development
- PRF 810  Research in Performance Enhancement

### July Start

#### Summer Session II
- PRF 705  Industrial, Clinical, and Corporate Wellness
- PRF 720  Essentials of Human Movement Science
- PRF 750  Performance Enhancement Program Design
- PRF 770  Exercise Physiology: Assessment and Exercise Prescription
- PRF 780  Current Topics in Performance Enhancement

#### Fall Semester
- PRF 715  Business and Entrepreneurship in the Fitness Industry
- PRF 765  Nutrition for Peak Performance