

California University of Pennsylvania
MS in Exercise Science and Health Promotion: Performance Enhancement Track

January Start

Spring Semester

- PRF 710 Performance Enhancement in Physical Activity
- PRF 720 Essentials of Human Movement Science
- PRF 770 Exercise Physiology: Assessment and Exercise Prescription

Summer Session I

- PRF 705 Industrial, Clinical, and Corporate Wellness
- PRF 715 Business and Entrepreneurship in the Fitness Industry

Summer Session II

- PRF 765 Nutrition for Peak Performance
- PRF 780 Current Topics in Performance Enhancement

Fall Semester

- PRF 750 Performance Enhancement Program Design
- PRF 760 Leadership and Professional Development
- PRF 810 Research in Performance Enhancement

July Start

Summer Session II

- PRF 705 Industrial, Clinical, and Corporate Wellness
- PRF 720 Essentials of Human Movement Science

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- PRF 765 Nutrition for Peak Performance