Athletic Training Education Program  
Technical Standards for Admission

The Athletic Training Education Program at California University of Pennsylvania is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Education Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills and competencies of an entry level athletic trainer, as well as meet the expectations of the program’s accrediting agency (Commission on Accreditation of Athletic Training Education Programs [CAATE]). The following abilities and expectations must be met by all students admitted to the Athletic Training Education Program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Compliance with the program’s technical standards does not guarantee a student’s eligibility for the Board of Certification (BOC) examination.

Candidates for admission to the Athletic Training Education Program must demonstrate:

1. the mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.

2. sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during assessment and treatment of patients. Examples include but are not limited to: sufficient strength to perform manual muscle tests, operate goniometers and isokinetic testing devices, utilize electrical and mechanical devices in the treatment of injuries, and transport injured persons.

3. the ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice.

4. the ability to record the physical examination results and a treatment plan clearly and accurately typically in handwritten or typed format.
5. the capacity to maintain composure and continue to function well during periods of high stress, including but not limited to providing health care during adverse weather conditions and emergencies.

6. the perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.

7. the flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.

8. affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Candidates for selection to the athletic training education program are required to verify they understand and meet these technical standards or they believe that, with reasonable accommodations, they can meet the standards.

A student who intends to self-identify as a student with a disability to request reasonable accommodations that will not alter the fundamental nature of the coursework/program must present current and appropriate documentation to the Office for Students with Disabilities (OSD). The Office for Students with Disabilities (OSD) will review a student’s documentation and confirm that the documentation identifies the student as a student with a disability under applicable laws. The Office for Students with Disabilities (OSD) reserves the right to request additional documentation.

It is the responsibility of the student to request reasonable accommodations through OSD and to adhere to appropriate OSD procedures. If a student states he/she can meet the technical standards with accommodations, then when the student requests accommodations, OSD will review whether the requested accommodations are reasonable accommodations. A review of the requested accommodations will take into account whether the requested accommodation would jeopardize clinician/patient safety or would fundamentally alter the nature of the program to include but not be limited to: all coursework, clinical experiences and internships deemed essential to fulfilling the graduation requirements of the program. The decision regarding appropriate and reasonable accommodations rests with the Office for Students with Disabilities (OSD).

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Signature of Applicant     Date