California University of Pennsylvania
Department of Health Science and Sport Studies
BS in Sport Management-Wellness and Fitness
15 Term Course Sequence

**Summer Session I-Year One**
- UNI 100  First Year Seminar  1 Credit
- General Education Course  3 Credits

**Summer Session II-Year One**
- Elective  3 Credits

**Fall Semester-Year One**
- FIT 100  Introduction to Fitness  3 Credits
- HSC 110  Human Anatomy and Physiology I  4 Credits
- SPT 100  Introduction to Sport Management  3 Credits
- SPT 300  Psychology of Sport  3 Credits

**December Intersession-Year One**
- Elective  3 Credits

**Spring Semester-Year One**
- ATE 340  Sports Nutrition  3 Credits
- HSC 120  Human Anatomy and Physiology II  4 Credits
- HPE 105  Current Health Issues  3 Credits
- SPT 305  Ethics in Sport  3 Credits

**Summer Session I-Year Two**
- General Education Course  3 Credits
- General Education Course  3 Credits

**Summer Session II-Year Two**
- General Education Course  3 Credits
- General Education Course  3 Credits

**Fall Semester-Year Two**
- HSC 275  Functional Kinesiology  3 Credits
- FIT 300  Business Aspects of Fitness  3 Credits
- SPT 310  Sport Marketing  3 Credits
- SPT 400  Legal Aspects of Sport  3 Credits

**December Intersession-Year Two**
- General Education Course  3 Credits
- Elective  3 Credits

**Spring Semester-Year Two**
- FIT 325  Integrated Personal Fitness Training  3 Credits
- HSC 325  Physiology of Exercise  3 Credits
- SPT 415  Sport Finance  3 Credits
- General Education Course  3 Credits
### Summer Session I-Year Three
- General Education Course 3 Credits
- General Education Course 3 Credits

### Summer Session II-Year Three
- General Education Course 3 Credits
- General Education Course 3 Credits

### Fall Semester-Year Three
- FIT 400 Integrated Sport Performance Training 3 Credits
- SPT 420 Economics of Sport 3 Credits
- FIT 405 Wellness Seminar I 3 Credits
- ATE 460 Sports Medicine Research 3 Credits

### December Intersession-Year Three
- General Education Course 3 Credits
- Elective 3 Credits

### Spring Semester-Year Three
- FIT 410 Wellness Seminar II 3 Credits
- FIT 420 Trends and Issues in Fitness 3 Credits
- FIT 350 Fitness for Special Populations 3 Credits
- Elective 3 Credits

**Total Credits** 120 Credits