

# Co-op FAQ's



## **Where can I work?**

Students can work locally, regionally, statewide, and nationwide.

## **Do I receive credit for co-op?**

No. Students receive paid career-related work experience.

## **Can I find my own co-op?**

Yes- However the Co-op Coordinator must approve the site and work tasks.

## **Can I do more than one co-op?**

Yes. Students can co-op multiple times during their sophomore, junior and senior years.

## **How much does it cost to do a co-op?**

Nothing. Co-op is free!

## **Am I guaranteed a co-op?**

No. Students must apply and interview for available co-op positions.

## **How can I improve my chances of getting a co-op?**

- Be open to variety of co-op placements. Do not focus solely on one particular organization or position.
- Be flexible on co-op locations. Students who are willing/able to relocate or drive to a co-op site will have more co-op opportunities open to them.
- Begin your co-op job search at least one semester before you wish to co-op.
- Submit a professional looking resume. Have your resume critiqued by Career Services.
- Practice your interviewing skills, do a mock interview.

## **Are there a required amount of hours that a student must co-op?**

No. The co-op employer typically sets the amount of hours required. Cal U does not require students to work a set amount of hours.

## **Are there any part-time co-op opportunities available?**

Yes students can work part-time or full time during the fall, spring or summer semesters.

## **Will I still be able to graduate in four years if I do a full time co-op?**

It depends. Students working a full time co-op during the fall or spring semester could take evening, weekend or Saturday classes; or he/she might be able to take summer classes to stay on track.

## **I'm required to complete an internship for my major. Can I still co-op?**

Yes. Students can co-op their sophomore, junior, and senior years so there is plenty of time to co-op and internship multiple times.