

**CALIFORNIA UNIVERSITY  
OF PENNSYLVANIA**

**Program: Exercise Science: Wellness Coaching Certificate**

**Total Credits: 12**

**Year 1**

<b>Required Courses</b>	<b>Credits</b>
PRF 714 Health and Wellness Coaching Competencies	3
PRF 754 Health and Wellness Coaching - Facilitating Change	3
PRF 784 Current Topics in Wellness Coaching	3
PRF 840 Research in Health and Wellness Coaching	3
<b>Total Credits</b>	<b>12</b>