<table>
<thead>
<tr>
<th>Year 1</th>
<th></th>
<th>Credits</th>
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<tbody>
<tr>
<td><strong>Winter</strong></td>
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<tr>
<td>PRF 700 Orientation to Exercise Science and Wellness</td>
<td>3</td>
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<tr>
<td>PRF 701 Advanced Topics in SAQ and Endurance Training</td>
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<td><strong>Spring</strong></td>
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<tr>
<td>PRF 716 Advanced Techniques in Movement and Recovery</td>
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<tr>
<td>PRF 720 Essentials of Human Movement Science</td>
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<td><strong>Summer 1</strong></td>
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<tr>
<td>PRF 705 Industrial, Clinical, and Corporate Wellness</td>
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<tr>
<td>PRF 715 Business and Entrepreneurship in the Fitness Industry</td>
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<tr>
<td><strong>Summer 2</strong></td>
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<td>PRF 765 Nutrition for Peak Performance</td>
<td>3</td>
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<td><strong>Fall</strong></td>
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<td>PRF 756 Program Design for Optimizing Human Movement and Recovery</td>
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<tr>
<td>PRF 770 Exercise Physiology: Assessment and Exercise Prescription</td>
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<td><strong>Total Credits (Year 1)</strong></td>
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| Year 2          |                  |         |
| **Winter**      |                  |         |
| PRF 786 Current Topics in Movement and Recovery Science | 3 |
| **Spring**      |                  |         |
| PRF 760 Leadership and Professional Development | 3 |
| PRF 816 Research in Movement and Recovery Science | 3 |
| **Fall**        |                  |         |
| GRA 800 Graduate Internship | 6 |
| **Total Credits (Year 2)** |               | **15** |

**Total Credits** | **42**

*Updated November 8, 2018*