

**CALIFORNIA UNIVERSITY  
OF PENNSYLVANIA**

**Program: Advanced Golf Performance Training**

**Start: Part-time Summer (July) Start**

**Total Credits: 36**

**Year 1**

	Credits
<b>Summer 2</b>	
PRF 700 Orientation to Exercise Science and Wellness	3
PRF 701 Advanced Topics in SAQ and Endurance Training	3
	6
<b>Fall</b>	
PRF 704 Golf Performance Training and Instruction	3
PRF 710 Performance Enhancement in Physical Activity	3
PRF 720 Essentials of Human Movement Science	3
	9
<b>Spring</b>	
PRF 744 Golf Performance Program Design	3
PRF 770 Exercise Physiology: Assessment and Exercise Prescription	3
	6
<b>Summer 1</b>	
PRF 715 Business and Entrepreneurship in the Fitness Industry	3
	3

**Year 2**

<b>Summer 2</b>	
PRF 765 Nutrition for Peak Performance	3
PRF 774 Current Topics in Golf Performance, Fitness and Instruction	3
	6
<b>Fall</b>	
PRF 760 Leadership and Professional Development	3
PRF 800 Research in Wellness and Fitness	3
	6
<b>Total Credits</b>	<b>36</b>
<b>Optional Elective Courses (1-14 credits)</b>	
RES 829 Research Project	2
GRA 800 Graduate Internship	1 to 12

**NOTE: Optional elective courses are available to students wishing to develop a Research Project and/or fulfill an Internship Experience. These courses are in addition to the credits required in the major.**

*Updated April 23, 2020*