

**CALIFORNIA UNIVERSITY
OF PENNSYLVANIA**

**Program: Sport Psychology
Start: Part-time Winter (December) Start
Total Credits: 36**

Year 1

	Credits
Winter	
PRF 700 Orientation to Exercise Science and Wellness	3
PRF 701 Advanced Topics in SAQ and Endurance Training	3
	6
Spring	
PRF 783 Psychological Perspectives in Sport Performance Enhancement	3
PRF 830 Research in Sport Psychology	3
	6
Summer 1	
PRF 705 Industrial, Clinical, and Corporate Wellness	3
PRF 715 Business and Entrepreneurship in the Fitness Industry	3
	6
Summer 2	
PRF 765 Nutrition for Peak Performance	3
	3
Fall	
PRF 753 Psychological Aspects of Sport Injury and Rehabilitation	3
PRF 770 Exercise Physiology: Assessment and Exercise Prescription	3
	6

Year 2

Winter	
PRF 713 Special Topics in Sport Psychology	3
	3
Spring	
PRF 760 Leadership and Professional Development	3
PRF 720 Essentials of Human Movement Science	3
	6
Total Credits	36

Updated November 8, 2018