CALIFORNIA UNIVERSITY
OF PENNSYLVANIA

Program: Sport Psychology AND Advanced Golf Performance Training
Start: Full-time Winter (December) Start
Total Credits: 48

Year 1		
	Winter	Credits
	PRF 700 Orientation to Exercise Science and Wellness	3
	PRF 701 Advanced Topics in SAQ and Endurance Training	3
		6
	Spring	
	PRF 704 Golf Performance Training	3
	PRF 720 Essentials of Human Movement Science	3
	PRF 783 Psychological Perspectives in Sport Performance Enhancement and Intervention	3
	PRF 830 Research in Sport Psychology	3
		12
	Summer 1	
	PRF 713 Special Topics in Sport Psychology	3
		3
	Summer 2	
	PRF 715 Business and Entrepreneurship in the Fitness Industry	3
	PRF 765 Nutrition for Peak Performance	3
		6
	Fall	
	PRF 710 Performance Enhancement in Physical Activity	3
	PRF 753 Psychological Aspects of Sport Injury and Rehabilitation	3
	PRF 770 Exercise Physiology: Assessment and Exercise Prescription	3
		9
	Total Credits (Year 1)	**36**
Year 2		
	Winter	
	PRF 774 Current Topics in Golf Performance, Fitness and Instruction	3
		3
	Spring	
	PRF 744 Golf Performance Program Design	3
	PRF 760 Leadership and Professional Development	3
	PRF 800 Research in Wellness and Fitness	3
		9
	Total Credits (Year 2)	**12**
	Total Credits	**48**
	Optional Elective Courses (1-14 credits)	
	RES 829 Research Project	2
	GRA 800 Graduate Internship	1 to 12

NOTE: Optional elective courses are available to students wishing to develop a Research Project and/or fulfill an Internship Experience. These courses are in addition to the credits required in the major.

Updated April 23, 2020