

# Exercise Science and Sport Studies

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## Certificate in Wellness Coaching

### Program Description

The Wellness Coaching certificate program is composed of four concentration courses from the M.S. in Exercise Science and Health Promotion: Wellness Coaching program.

### Program Coordinator

Dr. Barry E. McGlumphy

### Delivery Mode

Global Online (100% online delivery)

### Curriculum

Course	Credits
<b>PRF 714</b> Health and Wellness Coaching Competencies	3
<b>PRF 754</b> Health and Wellness Coaching - Facilitating Change	3
<b>PRF 784</b> Current Topics in Wellness Coaching	3
<b>PRF 840</b> Research in Health and Wellness Coaching	3
<b>Total</b>	<b>12</b>