

# Student Affairs

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## Wellness (Health) Center

The Wellness Center is available to students:

- 24 hours Monday-Friday
- 12 hours (7 p.m. - 7 a.m.) Saturday and Sunday

A full-time staff of registered nurses is on duty during hours of operation. A University physician conducts regular hours and a Nurse Practitioner is available Monday-Friday.

A University health form must be completed by your family doctor and returned. For a copy of the form, visit: [https://www.calu.edu/inside/forms/\\_files/medical/medical-information-form.pdf](https://www.calu.edu/inside/forms/_files/medical/medical-information-form.pdf)

For additional information, call 724-938-4232.

## Alcohol and Other Drug (AOD) Services

AOD programs are located on the ground floor of Carter Hall in Suite G-45. Intervention, education and prevention comprise the operational components of Cal U's AOD programs. The BASICS and CASICS programs provide intervention, while education and prevention are provided by the Health and Wellness Education Center and the AOD education specialist.

## PARC

The Prevention Awareness Recovery Center (PARC) is on campus for students who are in recovery from drug and alcohol addiction as well as students who are allies and supporters of those in recovery. PARC is a safe, worry-free lounge area where students are welcome to hang out, meet other students in recovery and hold Cal Clean and Sober groups. The PARC is full of resources and referrals for students in need of support or treatment services.

## Student Wellness Support Services

Student Wellness Support Services offers support and guidance for all University:

- Students experiencing an acute crisis or who are in a situation that is greatly impacting their ability to successfully engage in daily activities.
- Students who require information or guidance to navigate University and/or community resources.
- Faculty and staff who are concerned about a student and would like some additional expertise or guidance.