

Health and Wellness Course Menu

Courses

- **ATE 340** Sports Nutrition
- **BIO 112** Biology of Sexually Transmitted Diseases
- **BIO 117** Introduction to Human Biology
- **BIO 226** Microbiology
- **CHD 350** Family and Community Collaboration Partnerships
- **DAN 233** Jazz Technique II
- **DAN 260** Modern Dance
- **GEO 221** Geography of Drugs
- **GTY 380** Wellness and Aging
- **HON 245** Introduction to Disciplinary Research in Health and Wellness
- **HSC 115** Current Health Issues
- **HSC 250** Nutrition for Health and Wellness
- **HSC 315** First Aid and Personal Safety
- **PSY 222** Psychology of Stress Management
- **REC 165** Introduction to Recreation and Leisure
- **REC 195** Leisure and Wellness Recreation
- **SOC 405** Re-socializing the Deviant and the Marginalized
- **SOW 303** Human Sexuality and Society