

COVID-19 Statement of Policy: Level 3

When Cal U is operating at Level 3, as detailed in the University's Guide to Operations, all students, faculty and staff are expected to adhere to protocols designed to mitigate the risks of COVID-19 and create a more healthful campus environment. These safety measures help to protect our students, faculty, staff and community neighbors:

1. Face Coverings / Masks

- a. Everyone on campus **will be required** to wear a face covering inside classrooms and other buildings, and to "mask up" outdoors when they are not able to keep 6 feet apart.
- b. Students who are unable to wear a face covering because of a medical condition should contact the Office for Students with Disabilities (OSDmail@calu.edu). Employees with a medical condition should contact the Human Resources Office.

2. Social Distancing

- a. Social distancing **will be required** in all classrooms, dining facilities, the fitness center and other indoor locations. Individuals should **remain 6 feet apart**. No visitors will be permitted in residence halls.
 - i. Designated entrance and exit doorways will be identified in campus buildings; those entering and exiting should follow the directional signage.
- b. No more than three (3) passengers at a time may occupy an elevator. Passengers must wear masks and wash or sanitize their hands after using the elevator. Those who are able should take the stairs whenever possible.

3. COVID-19 Testing Protocols

- a. Students
 - i. Students living on campus
 1. **Mandated testing for all resident students** will be conducted at the start of the semester, and follow-up testing will occur at least twice per week.
 2. Testing on Move-In Day will be held at multiple locations across campus. All testing after Move-In Day for students living on campus will take place on the Mezzanine Level of the Convocation Center.
 - ii. Commuter students are strongly encouraged to be tested for COVID-19 throughout the semester. Our goal is to test 25% of commuter students in each testing period. Voluntary testing for commuter students will take place on the Mezzanine Level of the Convocation Center.
- b. Student-athletes will be tested according to the NCAA requirements for their respective sport. Required testing for student-athletes will take place on the Mezzanine Level of the Convocation Center.

- c. Faculty and staff working on campus may choose to be tested for COVID-19. Employee testing will take place on the Mezzanine Level of the Convocation Center.
- d. Testing positive
 - i. If a student tests positive for COVID-19, he/she will be notified and required to self-isolate until the infectious period has passed.
 - 1. Students living in on-campus residence halls will isolate in their rooms unless they are able to travel home safely. They will not be permitted on campus until the CDC-recommended isolation period is completed. Resident students living with roommates will be assigned a single room for the duration of their isolation period.
 - 2. Commuter students should isolate at their residence; they will not be permitted on campus until the CDC-recommended isolation period is completed.
 - ii. Faculty and staff who test positive will be notified and sent home; employees will not be permitted to return to work until the CDC-recommended isolation period is completed.
 - iii. Individuals identified as “close contacts” of someone with COVID-19 must follow CDC guidelines for self-quarantine. Resident students may quarantine in their rooms; non-resident students and employees will not be permitted on campus until the CDC-recommended quarantine period is completed.
 - 1. Quarantined students may attend classes remotely.
 - 2. Quarantined employees who are able to work remotely may do so. Employees should contact Human Resources for guidance.
 - 3. Individuals identified as “close contacts” of someone with COVID-19 may request to be tested through the University Health Center.
 - iv. All testing will be conducted by the University’s testing provider; testing will be available all day on selected testing dates. *Note: The University will be conducting saliva or nasal swab testing.*

4. **Exposure to COVID-19**

- a. Cal U will follow state Department of Health and Centers for Disease Control and Prevention (CDC) guidelines for testing, case investigation ("contact tracing") and quarantine.
 - i. Students who have been exposed to someone with COVID-19 should contact the University Health Center for advice about testing.
 - ii. Employees who have been exposed to someone with COVID-19 should immediately report to the Director of Human Resources.
- b. Students, faculty and staff should monitor themselves for COVID-19 symptoms. On average, symptoms appear 5-6 days after an individual is infected with the coronavirus; however, symptoms may appear from 2-14 days after infection.
 - i. Most common symptoms include:
 - 1. Fever or chills
 - 2. Dry cough
 - 3. Tiredness or fatigue
 - ii. Less common symptoms:
 - 1. Muscle or body aches

2. Sore throat
 3. Diarrhea
 4. Headache
 5. Loss of taste or smell
 6. Congestion or runny nose
 7. Nausea or vomiting
- iii. Serious symptoms:
1. Difficulty breathing or shortness of breath
 2. Chest pain or pressure

Seek immediate medical attention if you have serious symptoms.
Always call before visiting your doctor or health facility.

5. COVID-19 screening app

- a. All students, faculty and staff will be encouraged to use Cal U's customized app to perform a daily self-check for COVID-19 symptoms before coming to campus. The app is free to download and is compatible with most iOS and Android devices.
- b. The app will be available for download after January 4, 2021. Downloading instructions will be provided prior to the start of the spring semester. A web version is also available.

As defined in the [Student Code of Conduct](#), all students are expected to meet certain behavioral expectations, including taking steps to ensure the safety and security of themselves and others. Failure to abide by such expectations may be considered a violation of the Student Code of Conduct and result in disciplinary action.

All employees are expected to follow the University's [COVID-19 Social Distancing and Masking Requirements Policy](#) to ensure the safety and security of themselves and others.

We are in this together. Following these simple steps will help to ensure the continued health of our campus community.